

JASMINE B. SANDOVAL

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AUTHOR | SPEAKER
INSPIRING STORIES THAT HEAL AND EMPOWER



With over 25 years in the medical field and 15 years as a registered nurse, Jasmine brings a unique blend of expertise and storytelling to every stage and page. She is the author of *The Writer's Rx*, a guide for writers who want to master the art of immersive storytelling. Writing under the pen name J.C. Sang, she explores fiction that delves into resilience and human connection.

A seasoned speaker, Jasmine has delivered presentations and keynotes at local, national, and international conferences. She has won multiple competitions for speaking and evaluating speakers and is passionate about empowering audiences through engaging, actionable insights. Whether she's guiding healthcare professionals or inspiring writers, Jasmine's mission is clear: to help others find their voice and tell their story.

talk topics

From Page to Stage:

Transform Your Writing into Powerful Talks

From Pulse to Prose:

Turn Visceral Body Reactions into Gripping Narrative Beats

The Power of Narrative in Interviews:

Tell Stories That Get You Noticed

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